

*KEVIN MITNICK'S

10 Rules for Passwords

- 1 — Don't tell your passwords to anyone!
- 2 — Avoid simple dictionary words, names, key dates, and personally identifiable information.
- 3 — Use passwords at least 12 characters long
- 4 — Use a passphrase: A string of unrelated words is more secure than a regular password.
- 5 — Use a unique password or passphrase for every website.
- 6 — Change your passwords for sensitive websites every 60-90 days, and remember, no easy to guess patterns!
- 7 — Change your password immediately if you feel you have been informed of a breach.
- 8 — Answers to security questions must be as hard to guess as your password.
- 9 — Use MFA (multi-factor authentication) whenever possible!
- 10 — Use password procedures that your organization requires you to use.



*Kevin Mitnick is a hacker turned good guy, computer security consultant. He is best known for his high-profile 1995 arrest and five years in prison for various computer and communications-related crimes.

CHOOSING AN EFFECTIVE PASSPHRASE

5 Easy Steps

Random passphrases provide the best combination of memorability and security.

1

User 5 or more words you can easily remember, separated with a special symbols (spaces are symbols)

A good passphrase should be at least 25 characters long. Ex) coffeewishesparakeetspeed

2

3

Make sure that your passphrases are easy to remember but isn't a common quote, lyrics, or any group of words that can be easily guessed by someone that knows you.

Use a passphrase: A string of unrelated words is more secure than a regular password.

4

5

Ensure the complexity of your passphrase meets the necessary requirements.

The passphrase '**logic finite eager ratio**' would take approximately 189,658,722 centuries to crack!